

Jefferson City

Nursing and Rehabilitation Center, LLC
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OUR LEADERSHIP TEAM

Nick Lageman	Executive Director
Nicole Bailey	Director of Nursing
Lizzie Ivicsics	Director of Admissions
Jamila Terkman	Dir. of Rehabilitation
Rebecca Baker-Bey	Business Office Manager
Kishon Clarke	Social Service Director
Justin Parker	Memory Unit Mgr.
Charity Blair	Activity Director
Jenny Ousley	Housekeeping/Laundry Dir.
Doug Nelson	Maintenance Director



New Role, Familiar Face

Elizabeth Ivicsics recently accepted the position of Director of Admissions when Angela Archer was promoted to a Regional Financial Consultant for Tara Cares.

Elizabeth has been with the team of JCNR for over a year as a Certified Nurse Assistant.

July 2022



Greetings From the Executive Director

Welcome to the dog days of summer! We have plenty of “cool” activities planned this month, so make plans to dive right in and join us for some fun times. A few of the special things are celebrating National Ice Cream Month with a Sundae Bar, National Grilling Month as we grill Hot Dogs in honor of it being National Hot Dog month, and a Corn Hole tournament.

If you have any suggestions, comments or questions, please stop by my office. My door is always open, and I enjoy chatting with each and every one of you!

--Nick Lageman

RESIDENT INVENTORY REMINDER

We'd like to share a reminder with all our Residents and Family members. We strive to keep resident belongings safe and secure. To be successful we ask for your help. Upon admission we ask that you help us complete an inventory of all clothing and personal items that come with or are brought in for the Resident. All items need to be labeled with the resident's name. We can assist with providing a permanent marker for labeling. Housekeeping or nursing will gladly assist you with this task. We would also like to ask that if at any time, such as change of season, birthdays, or other holidays, anything additional is gifted or brought in for the resident, you contact housekeeping or nursing staff to add such items to the resident's inventory sheet. The same holds true for anything taken from the facility such as changing out seasonal clothing. Please let staff know so that the items can be removed from the inventory sheet.

Please note also that we do not encourage any resident to keep more than \$2-\$3 on them. We offer a resident trust fund where the business office can keep available cash safe but accessible for them. This is the best practice!



NATIONAL HOT DOG DAY!



National Grilling Month & National Hot Dog Day

We will be combining these 2 special days into one! On July 20th we will be grilling hot dogs and having a picnic out front. Deck out your hot dog at the hot dog bar with all your favorite toppings. Stay tuned for more info!

Here's the Scoop!

JULY IS NATIONAL Ice Cream Month!



Sundae Bar

HR and Activities will join together and host a "Make Your Own Sundae Bar" in the afternoon on Monday, July 11th for the enjoyment of Residents, Visitors and Staff! Come get your scoops and pick your favorite toppings! Nothing is sweeter than a bowl of ice cream!

Laugh Lines: Hot Diggity Dog

July 22 serves up National Hot Dog Day. Relish these riddles about one of America's favorite foods.

Q: How was the Fourth of July cookout?

A: The hot dogs were good, but the brats were the wurst.

Q: Did you see the new movie about the hot dog?

A: It's an Oscar wiener.

Q: Why did the hot dog turn down a chance to star in a summer blockbuster?

A: The "roll" wasn't good enough.

Q: How does a hot dog travel?

A: In a wiener-bago.

Q: What did the vendor do after running out of hot dogs?

A: He made a concession speech.

Q: What's the first rule of a hot dog race?

A: Wiener takes all.

Q: Did you hear about the lost sausage?

A: There's a missing link in the case.

Q: What did the mother hot dog say to the ornery baby hot dog?

A: "Ketchup! And don't be a brat."

Q: Where did the hot dog escape a close shave?

A: At the barber-cue.

Q: What do you call an outspoken hot dog?

A: A frank-furter.



RESIDENT BIRTHDAYS

Carol Meister	July 6
Dixie Pevoto	July 6
Sharon Hicks	July 12
Marion Allen	July 18
Drei Pierson	July 20
Nola Fischer	July 25



EMPLOYEE BIRTHDAYS

Alexis Mull	July 1
Chanel Seales	July 3
Judith McCombs	July 4
Amy Strange	July 20
Mallory Seales	July 24
Jackie Jones	July 25



EMPLOYEE ANNIVERSARIES

Felicia James	1 Year
Ballu Kamara	1 Year
Alexis Mull	1 Year

Thank you for being part of our team



Cornhole Tournament

Be sure to get a partner and sign up for the Cornhole Tournament to be held Friday, July 1st! First rounds will begin in the morning with the playoffs in the afternoon! If you're not playing, come be a cheerleader for your favorite team! Sign up your team with Charity Blair, Activity Director.

Did You Know....Crickets Can Tell You the Temperature

You could call them nature's thermometers. Listening to the chirps of crickets can give you a rough estimate of the outside temperature. The Old Farmer's Almanac provides this formula: Count the number of chirps in 14 seconds, then add 40 to that number. For example, if you hear 30 chirps, add 40, which would be 70 degrees.



Drink More Water

Staying hydrated in hot weather is a must, and doctors warn not to wait until you're thirsty to grab a glass of water. Even mild dehydration can affect your alertness, memory and mood.

Happy Fourth!

Happy Independence Day to all our residents! We hope you have a fun and festive holiday.



The Cornhole Craze

The casual game of cornhole has become serious competition. A longtime favorite at tailgating events and backyard parties, this variation of beanbag toss now has players competing in tournaments at local, state, college and national levels. It's even aired on sports channel ESPN, and fans aim to make cornhole an Olympic sport in coming years.



Strawberry Poke Cake, A Light Summer Dessert



- 1 (15.25 oz) vanilla cake mix
- 1 (3oz) box strawberry jello
- 1 (21oz) can strawberry pie filling
- 1 (8oz) container whipped topping
- Fresh Strawberries for garnish

1. Prepare cake mix & bake as directed. Cool slightly (10-15 min). With the handle of a wooden spoon, poke holes all over the cake (go to bottom of pan) so that the jello can seep in.
2. Make jello as directed on box-1 cup boiling water, mix till dissolved, then add 1 cup cold water.
3. Pour jello mixture evenly over cake, filling all holes. Cover and refrigerate for 3-4 hours or overnight.
4. Spread pie filling evenly over cake & then top with whipped topping. Garnish with strawberries and enjoy.