

Jefferson City

Nursing and Rehabilitation Center, LLC
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OUR LEADERSHIP TEAM

Sheila Distler	Executive Director
Meredith Weed	Inter. Director of Nursing
Ashley Bond	Unit Nurse Mgr.
Nikki Heuer	Director of Admissions
Jamila Terkman	Dir. of Rehabilitation
Nicole Heather	Business Office Manager
Kishon Clarke	Social Service Director
Vernice Thomas	Activity Director
Brenda Copeland	Dietary Manager
Samuel Wolfe	Maintenance Director



JCNR Choir

Our very own JCNR Choir consisting of residents & our 5 Star Therapy team, Jeff Edwards/transportation, Kishon Clarke/SS, Sharon Baker, Kenton Etter & Karol Chernich on lead vocals. Our choir brought Christmas Cheer to those enjoying lunch at the Clarke Senior Center. What fun we had!

January 2024



Open-Door Policy

Happy New Year! I'm Sheila Barks-Distler, Executive Director here at JCNR. I've been in long-term care for 43 years, starting out a Certified Nursing Assistant and went on to become a Licensed Practical Nurse.

I welcome you to stop in and chat a bit. I believe in an open-door policy and make myself available to residents, families and staff. I look forward to 2024 and making JCNR the best nursing facility in Jeff City.



JCNr Choir performing at the Clark Senior Center



Grinch Kind of Day

Staff and residents were excited to see Mr. Grinch when he made a surprise visit to the facility to make sure Christmas joy was being felt in the facility. Although he had to throw out a few "grumpy, bah-hum-bug" comments, it was fun and laughter as he made his rounds!



The Grinch was pleased to see that Activity Director Vernice Thomas threw together some "Grinch" punch for residents and staff in honor of his visit.



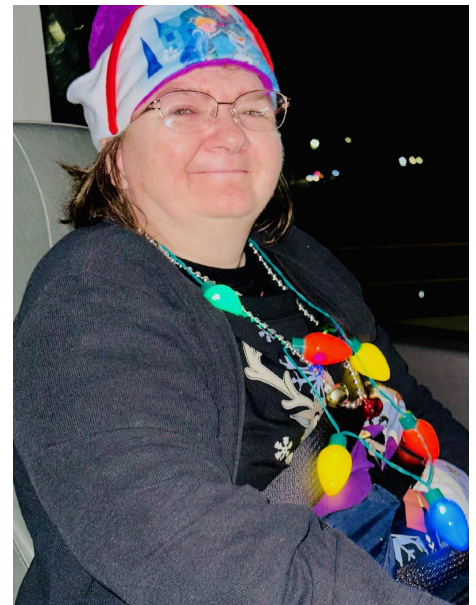
Jeff City Christmas Parade

We joined in the festive activities and were in the Jeff City Christmas parade. A group of residents rode in our "lighted" carriage as we waved at those who lined the parade route.

"This is something we look forward to doing again next year," said Nikki Heuer, Dir of Admissions. "The residents enjoyed the day and felt special, and that's what it's all about!"



Patiently awaiting their turn in the Christmas parade.



Sharon Baker is decked out in Christmas lights for the parade!



Thank you to Phoenix Hospice for the appreciation pizza party for nursing staff. We also thank them for all they do for our Hospice residents and families.



RESIDENT BIRTHDAYS

Steven Rodriquez	Jan 14
Margaret Wekamp	Jan 17
Monica Snider	Jan 21
Gerald Knotts	Jan 23
Peggy Ledbetter	Jan 28

EMPLOYEE BIRTHDAYS

Tecora Caldwell	Jan 13
Shantel Davidson	Jan 14
Adrienne Fechtel	Jan 15

Tyre Warren	Jan 16
Eric Glenski	Jan 18
Heather King	Jan 18

EMPLOYEE ANNIVERSARIES

Tessie Birdsong	31 Years
Daniel Hilden	2 Years

Special Thanks to You

Christmas Caroling:

- Harvest Time Choir
- Landmark Church Choir
- Royal Tigerettes Dance Team performance
- Belair Elementary students

Resident Gifts

- Linda Oliver
- American Legion
- United Way/Central MO



Bittersweet Garden Club

Making Luminaries

The Bittersweet Garden Club of Jeff City visited us on Dec. 4 and helped our residents make festive luminaries. How pretty they turned out!

The Garden Club was founded in 1973 & is affiliated with the National Garden Clubs, Inc. & the Federated Garden Clubs of MO, Inc.

Besides gardening, the group supports a wide range of meaningful community initiatives.



Jackie Howard & her luminary



Margaret Wekamp & her luminary



